

SARAH K. SHEFFIELD, MA, CRC, TTS  
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EDUCATION

Ph.D.

Behavioral and Community Sciences, Expected 2021  
University of South Florida Tampa, FL

- Doctoral Candidacy, 2020
- JBHS&R Editorial Associate
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Managed attendance; Instructed specified course curriculum;  
Settled complaints and concerns; and Graded course material.

Peer Mentor, Translational Institute (ITRE), USF

Supervision, Dr. K. Moore/ SP, SU, & FA2020

*Hillsborough County Anti-Drug Alliance*

Delivered program expectations to incoming students; Assisted



2017 Graduate Teaching Assistant, University of South Florida  
 MHS 3411 Behavioral Healthcare SPRING 2017  
 Supervision, Dr. Khary Rigg, Mental Health Law & Policy  
 Managed attendance, instructed specified course curriculum to  
 include Motivational Interviewing and Therapeutic Alliance;  
 Settled complaints and concerns; Graded course material

Child Instructor, University of South Florida Tampa  
 Research Lab, ADAPT/ SPRING2017  
 Supervision, Dr. Marilyn Stern, Eating Disorder Lab  
 Brainstormed intervention formulation and program adaption for  
 immigrant children; Attended weekly planning meetings; and  
 Delivered core curriculum to children for eight sessions based on  
 ADAPT at Tom Lee Community Health Center.

2012 – 2017 Investigator & Trainer, HCSO Child Protection  
 Supervision, Captain Bradford & Kathleen Matthews

- Investigated high profile crimes against children; Petitioned the court for child removal; Collaborated with community organizations; Live scanned fingerprints for FDLE cross match; Fulfilled Florida and National Criminal History Requests; and Completed home evaluations for legal placement.
- Diligent Search Specialist
- CPID Certified Classroom Instructor; Car seat, Bloodborne, First aid, and CPR

CERTIFICATIONS : 2012 -2020

- CRC, Certified Rehabilitation Counselor Certification, USF
- TTS, Tobacco Cessation Specialist Certification, FSU
- CPST, NHTSA Child Passenger Safety Technician
- CFMHE (In Progress), Certified Forensic MH Evaluator Certification, NBFE
- MCAP (In Progress), Addictions & Substance Abuse, FSU
- Translational Research in Adolescent Behavioral Health, USF
- CPR, BLS, & First Aid Instructor, American Heart Association, AHA
- Youth Mental Health First Aid, National Council for Behavioral Health
- FCIC/ NCIC, National and Florida Crime Information Center
- FSFN, Florida Safe Families Network
- Cross Match, Government Database for Fingerprints
- PIVOT, Pivot ProQuest/ University Funding, USF
- CITI, The Collaborative Institutional Training Initiative, USF
- R&R, Research and Responsibility Training, USF
- QM, Quality Matters Certified, USF

## RESEARCH EXPERIENCE: 2012 -2021

University of South Florida Tampa, FL

- 2020, Ready of Life (RFL), Dissertation Data Collection.
  - (In Progress)
- 2019, USF IRB 251, Ready for Life
  - Transition: Culturally and Community Relevant Service Provision Tailored to Support the Needs of Transition Age Youth (18-26) Exiting Foster Care Services.
- 2018, USF IRB, ACTs Detox.
  - Direct-Care Staff Perceptions of Patient Engagement and Treatment Planning in Detox.
- 2017, USF IRB Pro00028283, Hillsborough County Children Services.
  - Operationalizing Success: An Analysis of Risk and Protective Factors of Transition-Age Youth in Residential Foster Care at Hillsborough County Children's Services.
- Translational Institute Peer Mentor Supervised Studies, 2018, 2019, & 2020.
  - 2018 -Voices in Foster Care: A Peer Driven Perspective on Successful Development of Life-Skills among Transition Age Youth.
  - 2019 -An Evaluation of Positive Youth Development (PYD) Constructs within the CINS/FINS Outpatient Counseling Program: Building on the Strengths of At-Risk Youth.
  - 2020 – Evaluation of a Pilot Online Vaping Class Middle/ High School Students.
- USF Eating Disorder Lab, ADAPT Program Dr. Marilyn Stern.
- USF Suicide Alliance Lab Dr. Marc Karver

## PRESENTATIONS: 2018

- Sheffield, S.K. (2018, January). Operationalizing Success: An Analysis of Risk and Protective Factors of Transition Age Youth in Residential Foster Care at Hillsborough County Children's Services Paper presented at the 30<sup>th</sup> Annual Research & Policy Conference: Child, Adolescent, and Youth Adult Behavioral Health. Operationalizing Success: An analysis of risk and protective factors in transition age youth. Tampa, FL.

## INVITED PRESENTATIONS : 2017

- Sheffield, S. K. (2017). Operationalizing Success: An analysis of risk and protective factors in transition age youth Presented at Hillsborough County Children Services. Tampa, FL.

## PROFESSIONAL MEMBERSHIPS

### Professional Organizations

- SMHCA
- FMHCA
- IARP
- NEDA
- CRCC

- AHEC

*Academic and Honor Organizations*

- Golden Key International
- Phi Kappa Phi
- Pi Gamma Mu
- Phi Sigma Theta
- Psi Chi
- Phi Theta Kappa