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S J T L T P S C F O F G J U T U P Z P V G P S D B O J D M T Q B G J O E O U W J T T V S W E Z B U I U U Q X X X V T G F E V P N

& R O O D E R U D W

Less than 1 week Between 1-6 months More than 12 months
Less than 1 month Between -12 months

How well known is this conflict/concern?

Limited to myself Small group of 5 or less Widespread knowledge
Only between the 2 of us Less than 10 individuals

3. The number of TOTAL hours spent per week on this conflict/concern L Q F O X G L Q J S H U V R Q D

5 10 15 20 20+

0 \ F X U U H Q W R Y O H U Y D H O O L W W U



My PRIMARY Z R U N S O D I F H resolution style is:

& R Q I O L F W V W \ G H I D H O H U E H K P D R I X R U L W U H I H U V W R K R Z Z H U R Q
R I R X U S H U V R Q D O D Q G I D P L O \ H [S H U L H Q F H V F X O W X U D O X S E



L Q E R W K K L J K O \ D V V H U W L Y H D Q G K L J K O \ F R R S H U D W L Y H K
Z K L O H E X L O G L Q J U H O D W L R Q V K L S V D F U R V V W K H W D E O H L Q F O X C



& R P S U R D U F R G H U D W H O \ D V V H U W L Y H D Q G P R G H U D W H O \ F R R S H U D
W I G H H D O Z K L F K F D Q E H G R Q H E \ P H H W L Q J K D O I Z D \



\$ F F R P P R Q D W



O H D V W F R R S H U D W L Y H O H D V W H P S D W K H W D E H S
F R Q I O L F W I D Y H H O L M W O H D W W H Q W L R Q G H R O D H I C O D W L R X S / S K O S M V E Q Z R C



, I H H O H Q J D J H Z L W R K Q S H F W



If the conflict/concern continues, how will it negatively impact me?

	1 Low impact	2	3	4	5 High impact
Health and Wellness (stress, loss of sleep, depression, etc.)					
Economic losses					
Damage to reputation					
Formal Complaint(s) filed					
Lawsuit/Litigation initiated					
Productivity declines					
Continued Costs of Conflict					
Relationships weaken (co-workers, family, friends, etc.)					
Work/Life Balance					
Other:					

